

Crete Gymnastics Club Pricelist & Training Times

Also including: Regulations Policy



- 2020 -



**“Success through passion and
integrity”**

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Cell 085 129 9679

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Times and fees

<u>GROUP</u>	<u>AGE</u>	<u>TIMES</u>	<u>FEES: 1st, 2nd, 3rd child</u>
Fun Gym	2-4 years	Mondays and Wednesdays 14h00 – 14h30	N\$450.00, N\$430.00, N\$410.00 p/month
Level 1 Non- Competitive	4-5 years	Tuesdays and Thursdays 14h00 – 14h30	N\$450.00, N\$430.00, N\$410.00 p/month
Level 1	6 & up	Mondays and Wednesday 14h30 – 15h30	N\$800.00, N\$780.00, N\$760.00 p/month
Level 2	7 & up	Tuesdays and Thursdays 14h30 – 15h30	N\$800.00, N\$780.00, N\$760.00 p/month
Level 3	7 & up	Tuesdays and Thursdays 14h30 – 15h30	N\$800.00, N\$780.00, N\$760.00 p/month
Level 4	Ability based	Mondays and Wednesdays 14h30 – 16h00	N\$800.00, N\$780.00, N\$760.00 p/month
Level 5	Ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
Level 6	Ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
Level 7	Ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
Level 8	Ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
Level 9	Ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
Level 10	Ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
HP 1	7-9 years ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
HP 2	9-11 years ability based	Mondays – Thursdays 15h30 – 18h00 Fridays 14h30 – 18h00	N\$950.00, N\$930.00, N\$910.00 p/month
HP 3	11-12 years ability based	Mondays – Thursdays 15h00 – 19h00 Fridays 14h30 – 18h00 Saturdays - tba	N\$950.00, N\$930.00, N\$910.00 p/month
HP 4	13 years ability based	Mondays – Thursdays 15h00 – 19h00 Fridays 14h30 – 18h00 Saturdays - tba	N\$950.00, N\$930.00, N\$910.00 p/month
Junior FIG	13-15 years ability based	Mondays – Thursdays 15h00 – 19h00 Fridays 14h30 – 18h00 Saturdays - tba	N\$1 000.00, N\$980.00, N\$960.00 p/month
Senior FIG	16 years & up ability based	Mondays – Thursdays 15h00 – 19h00 Fridays 14h30 – 18h00 Saturdays - tba	N\$1 000.00, N\$980.00, N\$960.00 p/month
Trampoline Non-Competitive	7 years & up	Mondays & Wednesdays 14h00 – 15h00	N\$800.00, N\$780.00, N\$760.00 p/month
Trampoline Competitive	7 years & up	Tuesdays & Thursdays 14h00 – 16h00	N\$800.00, N\$780.00, N\$760.00 p/month

Crete Registration Fee N\$ 300.00 (once a year) Federation / Association Fee: to be advised yearly (once a year)

LATE COLLECTION FEE ON TRAINING FEES: N\$ 100.00 per hour

Please bear in mind that January and December are payable too.



Crete Regulations

1. Gymnasts are requested to come and practice in comfortable clothes, like shorts and T-Shirts. No pants hanging over the knees are allowed as this restricts movement. No jeans are allowed, as they can damage the equipment.
2. We request that parents are **not** in the hall during practice times, as this divides the attention of the gymnasts. We have Parent-days scheduled and will inform you of them in good time. This is NOT applicable for FUNGYM Gymnasts.
3. All competing gymnasts need to have: A Crete Tracksuit, a Crete T-shirt and a leotard for competitions. We will order the leotards according to your specifications. Tracksuits are available at Boundry Wholesale. We will hand out the necessary Order Forms and Prices in April. Please return this form to us. Closing Date for Orders will be the end of April. (Gymnasts not competing in competitions are welcome to order clothing as well, should they wish to.) NO Gymnast will be allowed to compete without the proper attire.
4. All competing gymnasts need to qualify at 2 Qualifying competitions scheduled throughout the year to participate at Nationals. These competitions are compulsory. Only gymnasts who have participated at both Qualifying Competitions and who received the average qualifying mark are selected by the Gymnastics Federation Namibia to participate at Nationals.
5. ACCOUNTS: Accounts are payable in advance by the 25th of each month. Gymnasts with outstanding accounts will not be allowed to compete at any competitions and will also not be allowed to train, until arrears are settled in full. Please take note that January and December are payable too. No account queries will be discussed during Training Times. Cancellation of Membership needs to be done in writing via e-mail.
6. Gymnasts are requested to bring some Water to their Practice sessions and to do so in a Bag, which can then be used to put in additional clothing or shoes - we try and keep the Hall tidy and prevent personal belongings to get left behind.
7. NO FOOD is allowed in the Practice Area.
8. Gymnasts are only allowed onto the Apparatus in their own practice times and with the supervision of an assigned coach. Children in the hall, not registered with CRETE are not allowed onto the Apparatus. Once gymnasts have completed their Training session, they will not be allowed onto the Apparatus.
9. Gymnasts train on own risk, although we take all necessary precautions and a firm discipline is in place to make sure gymnasts don't hurt themselves.
10. **LATE COLLECTION FEE:** Parents will be billed N\$ 100.00 per hour if Gymnasts are not collected after their respective classes. Coaches cannot look after the Gymnasts who are not busy with Training at the same time as coaching another class. We appreciate your understanding in this regard.
11. Please request the Federation Rulebooks, Constitution as well as Club Constitution to be aware of the applicable rules.

For Personal Assistance Call: 085 129 9679

CRETE BANKING DETAILS

CRETE GYMNASTICS CLUB

Bank Windhoek
 Maerua Mall
 Branch Code: 483872
 Acc: 8003965249
 Cheque Account